



Approved by:

Deana Randle

Simply Nightclub

4 WALL – 16 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side, Back Rock, Side, Back Rock		
1 – 2 &	Step right long step right to side. Cross rock left behind right. Recover onto right.	Right Back Rock	Right
3 – 4 &	Step left long step left to side. Cross rock right behind left. Recover onto left.	Left Back Rock	Left
Section 2	Side, Back Rock, 1/4 Turn, Back Rock		
1 – 2 &	Step right long step right to side. Cross rock left behind right. Recover onto right.	Right Back Rock	Right
3 – 4 &	Make 1/4 turn right stepping left to side. Rock right back. Recover onto left.	Turn Back Rock	Turning right
Section 3	1/2 Turn, Back Rock, Left Lock Step		
1 – 2 &	Make 1/2 turn left stepping right back. Rock left back. Recover onto right.	Turn Back Rock	Turning left
3 – 4 &	Step left forward to left diagonal. Lock right behind left. Step left to left diagonal.	Left Lock Left	Forward
Section 4	Right Lock Step, Sway x 3		
1 – 2 &	Step right forward to right diagonal. Lock left behind right. Step right to right diagonal.	Right Lock Right	Forward
3 – 4 &	Sway left (weight on left). Sway right. Sway left (weight ends on left).	Sway Right Left	On the spot

Choreographed by: Val Myers and Deana Randle (UK) May 2010

Choreographed to: 'Living For The Night' by George Strait (79 bpm) from CD Twang; also available as download from amazon.co.uk or iTunes (32 count intro)

Note: Since this is a very basic Nightclub line dance, many other tracks of similar speeds could be used