

Simply The One

Count: 32 Wall: 4 Level: Intermediate

Choreographer: Maggie Gallagher (March 2015)

Music: The One by Kodialine (Amazon)

Intro: 16 counts (11 secs)

S1: ROCK BACK ½, ROCK BACK ½, ½ R, WALK L, TRIPLE FULL TURN

- 1&2 Rock back on right, Recover on left, ½ left stepping back on right [6:00]
3&4 Rock back on left, Recover on right, ½ right stepping back on left [12:00]
5-6 ½ right stepping forward on right, Walk forward on left [6:00]
7&8 Triple full turn to left stepping right left right

S2: & WALK R, ¼ SIDE ROCK, CROSS SIDE BEHIND SIDE, CROSS ROCK SIDE, CROSS ROCK SIDE

- &1-2& Step left next to right, Walk forward on right, ¼ right rocking left to left side, Recover on right [9:00]
3&4& Cross left over right, Step right to right side, Cross left behind right, Step right to right side
5-6& Cross rock left over right, Recover on right, Step left to left side
7-8& Cross rock right over left, Recover on left, Step right to right side

S3: CROSS UNWIND SWEEP, BEHIND SIDE CROSS SIDE, DRAG, BACK ROCK, DRAG, BACK ROCK

- 1-2 Cross left over right, Unwind full turn right sweeping the right toe behind the left
Cross right behind left, Step left to left side, Cross right over left, Step left to left side
3&4& *Restart Wall 4
5-6& Take a big step to right side dragging left to meet right, Cross rock left behind right, Recover on right
7-8& Take a big step to left side dragging right to meet left, Cross rock right behind left, Recover on left

S4: FWD TOUCH, BACK TOUCH, R COASTER, L MAMBO ½, STEP ½, FWD ROCK

- 1&2& On slight right diagonal step forward on right, Touch left next to right, Step back on left, Touch right next to left
3&4 Step back on right, Step left next to right, Step forward on right
5&6 Rock forward on left, Recover on right, ½ left stepping forward on left [3:00]
7&8& Step forward on right, ½ pivot left, Rock forward on right, Recover on left [9.00]

RESTART: Wall 4 after 20& counts [12:00]

TAG 1: End of Wall 6 (facing 6:00)

- 1-2 Sway right, Sway left
3-4 Sway right, Sway left
5&6 Cross rock right behind left, Recover on left, Step right to right side

7&8

Cross rock left behind right, Recover on right, Step left to left side

TAG 2: End of Wall 7 (facing 3:00)

1-2 Sway right, Sway left

3-4 Sway right, Sway left

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