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## Safe In These Arms

32 Count, 4 Wall, Intermediate NC2S

Choreographer: Dee Musk (UK)

& Fred Whitehouse (EI) Aug 2017

Choreographed to: Run To You by

Lea Michele from Places album.

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<b>Intro:</b>	<b>#8 Slow Count Intro – Approx 14 seconds - Track Approx 3 mins 39 secs. BPM 64</b>
<b>Section 1</b>	<b>Press Sweep, Back, ½ Turn Right, Step L with Full Spiral Turn Right, Run R, L, Step Right, Pivot ¼ Turn Left, Right Cross Side Rock, Left Cross Side Rock.</b>
&1,2&	Press forward on L, recover and sweep left to behind R, step back on L, make ½ turn R stepping forward on R.
3	Step forward on L, unwind a full turn R hooking R in front of L.
4&	Run forward R, L.
5,6	Step forward on R, pivot ¼ turn L.
&7&	Cross R over L, rock L to L side, recover weight to R.
8&1	Cross L over R, rock R to R side, recover weight to L. (3 o'clock).
<b>Section 2</b>	<b>Cross Side, Back Rock, Recover, ½ Turn Left, Back Rock, Recover, Full Turn Right, Chase ½ Turn Right.</b>
2&	Cross R over L, step L to L side.
3,4	Facing 4.30 rock back on R, recover weight to L.
&5,6	Make ½ turn L stepping back on R facing 10.30, rock back on L, recover weight to R.
&7	Travelling forward make ½ turn R stepping back on L, make ½ turn R stepping forward on R.
&8&	Step forward on L, make ½ turn R facing 4.30, step forward on L. (4.30 o'clock).
<b>Section 3</b>	<b>Walk Right, Left, Right, Step L, Pivot ½ Turn Right, ½ Turn R Sweep Right, Back Sweep, Back Hitch Right, Behind ¼ Turn Left.</b>
1,2,3	Walk forward R, L, R. (4.30).
4&	Step forward on L, make ½ turn R. (10.30).
5,6,7	Make ½ turn R stepping back on L and sweep R to behind L, step back on R sweeping L to behind R, step back on L and hitch R knee squaring up to 6 o'clock wall.
8&	Cross step R behind L, make ¼ turn L stepping forward on L. (3 o'clock).
<b>Section 4</b>	<b>¼ Turn Left with Basic Nightclub Right, ¼ Turn Right Close, Cross, Sway Right, Sway Left with Drag, Curved Run-around ½ Turn Right.</b>
1,2&	Make ¼ turn L stepping R to R side, step L slightly behind R, cross R over L.
3,4&	Make ¼ turn R stepping back on L, close R beside L, cross L over R.
5,6	Sway R, sway L dragging R to beside L keeping weight on L.
7&8	Turning ½ curved turn R, run R, L, R. (9 o'clock).

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