STEPPIN'OFF



THEPage





Approved by:



London Rhythm Swings

4 WALL LINE DANCE, 32 COUNTS. BEGINNER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Side Point, Cross Point, Side Rock Cross with Right & Left		
1 – 2	Point right to right side. Cross touch right over left.	Right Touch	On the spot
3 & 4	Rock to right side on right. Recover onto left. Cross right over left.	Right Rock Cross	
5 – 6	Point left to left side. Cross touch right over right.	Left Touch	On the spot
7 & 8	Rock to left side on left. Recover onto right. Cross left over right.	Left Rock Cross	
Section 2	Side, Left Back Rock, Side, Right Back Rock, Reverse Rumba Box		
1 – 2 &	Step right to right side. Rock back on left. Recover forward onto right.	Right Back Rock	Right
3 – 4 &	Step left to left side. Rock back on right. Recover forward onto left.	Left Back Rock	Left
5 & 6	Step right to right side. Close left beside right. Step back on right.	Side Close Back	Back
7 & 8	Step left to left side. Close right beside left. Step forward left.	Side Close Forward	Forward
Section 3	Right Lock Step, Step 1/2 Pivot Right, Step, 4 x Heel Struts Forward		
1 & 2	Step forward right. Lock left behind right. Step forward right.	Right Lock Step	Forward
3 & 4	Step forward left. Pivot 1/2 turn right. Step forward left.	Step Pivot Step	Turning right
5 &	Step right heel forward. Drop right toe, taking weight.	Right Strut	Forward
6 &	Step left heel forward. Drop left toe, taking weight.	Left Strut	
7 &	Step right heel forward. Drop right toe, taking weight.	Right Strut	
8 &	Step left heel forward. Drop left toe, taking weight.	Left Strut	
Section 4	Cross Strut, Back Strut, 1/4 Turn Right Strut, Step, Kick, Back, Touch		
1 &	Cross right toe over left. Drop right heel, taking weight.	Cross Strut	On the spot
2 &	Step left toe back. Drop left heel, taking weight.	Back Strut	Back
3 &	Step right toe 1/4 turn right. Drop right heel taking weight.	Turn Strut	Turning right
4	Step forward left.	Step	
5 – 6	Step forward right. Kick left forward.	Step Kick	Forward
7 – 8	Step back on left. Touch right back.	Back Touch	Back

Choreographed by: Audri R (Ladies In Line) (UK) July 2011

Choreographed to: London Rhythm by The Jive Aces (16 count intro)

from Recipe For Rhythm CD (92bpm)

Note: Dance presented by Amund Storsveen at 16th CBA



A video clip of this dance is available at www.linedancermagazine.com