



Healing Hands

64 Count, 4 Wall, Intermediate

Choreographer: Maddison Glover (AUS) August 2018

Choreographed to: Healing Hands by Conrad Sewell

23 second intro. Start just after "You're still here my loveeee.. Mmm"

Back/Sweep, Back/Sweep, Back/Sweep, Behind, Side, Cross, Hold, Side Rock/Recover, Cross

- 1,2 Step back on L sweeping R around clockwise, step back on R sweeping L around anti-clockwise
3,4&5 Step back on L sweeping R around clockwise, step R behind L, step L to L side, cross R over L
6,7&8 Hold, rock L to L side, recover weight onto R, cross L over R

¾ Turn, Out, Out, Together, Cross, Hold, Out, Out, Together, Cross Shuffle

- 1,2,3 Turn ¾ L stepping back on R (9:00), make ½ turn over L stepping forward onto L (3:00), step forward onto R
&4&5,6 Step L out to L side, step R out to R side, step L beside, cross R over L, hold
&7&8&1 Step L out to L side, step R out to R side, step L beside, cross R over L, Step L to L side, cross R over L

1/8 Mambo Forward, Turning ¼ Coaster, Mambo Forward, Turning ¼ Coaster

- 2& Turn 1/8 L rocking forward onto L (1:30), recover weight back onto R
3 Step back onto L as you drag R heel towards L (1:30)
4& Step back on R, turn 1/8 L as you bring L together (12:00),
5 Turn 1/8 L as you step R forward into diagonal (10:30)
6&7 Rock forward onto L (10:30), recover weight back onto R, step back onto L as you drag R heel towards L
8& Step back on R, turn 1/8 L as you bring L together (9:00)
1 Turn 1/8 L as you step R forward into diagonal (7:30)

Mambo Forward, Turning 1/8 Coaster Cross, Side, Knee Roll In, ¼ Turn Forward

- 2&3 Rock forward onto L (7:30), recover weight back onto R, step back onto L as you drag R heel towards L
4&5 Step back on R, turn 1/8 L as you step L to L side (6:00), cross R over L
6,7,8 Step L to L side, roll R knee in towards L, turn ¼ R stepping forward onto R (9:00)

¾ Turn, Side, Cross Shuffle, Side Rock, Recover ¼, Lock Shuffle Forward

- 1 Make ½ turn over R as you step back on L foot whilst swinging R foot out (3:00)
2 Continue to swing R foot out/around as you make a further ¼ turn R (6:00)
&3&4 Step R to R side, cross L over R, step R to R side, cross L over R
5,6 Rock R to R side, recover weight onto L as you make a ¼ turn L (3:00)
7&8 Step forward on R, lock L behind R, step forward on R
Option If the dancer struggles to balance with the ¾ turn on one foot, suggest the following ¾ non-syncopated turn:
1 Make ½ turn over R as you step back on L foot whilst swinging R foot out
2 Make ¼ R as you step R to R side
3&4 Cross L over R, step R to R side, cross L over R

Side, Together, Cross Shuffle, Side, Together, Cross Shuffle

- 1,2,3&4 Step L to L side, step/slide R beside L, cross L over R, step R to R side, cross L over R
5,6,7&8 Step R to R side, step/slide L together beside R, Cross R over L, step L to L side, cross R over L

½ Hinge Turn, Cross Rock/Recover, Back, Touch, Back, Touch, Back, Kick Forward, Back, Tap Forward

- 1,2 Turn ¼ R stepping back on L (6:00), turn ¼ R stepping R to R side (9:00)
3,4 Cross rock L over R, recover weight back onto R
&5 Step L slightly back into L diagonal, touch R toe beside L foot
&6 Step R slightly back into R diagonal, touch L toe beside R foot
&7&8 Step L slightly back into L diagonal, kick R forward, step R slightly back, tap L to forward with a bent L knee

Forward, Walk, Walk, Chase ¼ Pivot, Cross, ¾ Turn, Rock Forward, Recover with a Sweep

- &1,2 Step down onto L, walk forward on R, walk forward on L
3&4 Step R forward, pivot ¼ turn L (6:00), cross R over L
5,6 Turn ¼ R stepping back on L (9:00), make ½ turn over R stepping forward on R (3:00)

7,8 Rock forward onto L, recover weight back onto R as you sweep L around anti-clockwise

Ending You will start the dance facing 3:00. Dance up to count 62 (finish the $\frac{3}{4}$ turn facing 6:00) then replace the rock/recover with a: step $\frac{1}{2}$ pivot over R, stomp L out to L side as you raise both arms above head in a V shape.

Note Thanks to Conrad for phrasing the music perfectly for us line dancers!