



Approved by:

*Rachael McEnaney*

# Alabama Slammin'

## 2 WALL – 48 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 – 2 3 – 4 5 & 6 7 & 8	<b>Forward Rock, 3/4 Turn, Sailor 1/4 Turn, Kick Ball Side</b> 1 – 2 Rock forward on right. Recover onto left. 3 – 4 Turn 1/2 right stepping right forward. Turn 1/4 right stepping left to left side. (9:00) 5 & 6 Cross right behind left. Turn 1/4 right stepping left beside right. Step right forward. 7 & 8 Kick left forward. Step left beside right. Step right big step to right side. (12:00)	Rock Forward Half Quarter Sailor Quarter Turn Kick Ball Side	On the spot Turning right Right
<b>Section 2</b> 1 & 2 3 & 4 5 & 6 & 7 & 8	<b>Tap Tap Side, Sailor 1/4 Turn, Toe Tap &amp; Heel Jack x 2</b> 1 & 2 Tap left toe beside right twice. Step left to left side. 3 & 4 Cross right behind left. Turn 1/4 right stepping left beside right. Step right forward. 5 & 6 Touch left toe beside right. Step left back. Touch right heel forward. (3:00) & 7 & 8 Step right in place. Touch left toe beside right. Step left back. Touch right heel forward.	Tap Tap Side Sailor Quarter Turn Toe & Heel & Toe & Heel	Left Turning right On the spot
<b>Section 3</b> & 1 – 2 3 & 4 5 – 6 7 & 8	<b>&amp; Side Rock, Behind Side Cross, Side Rock, Sailor 1/4 Turn</b> & 1 – 2 Step right in place. Rock left to left side. Recover onto right. 3 & 4 Cross left behind right. Step right to right side. Cross left over right. 5 – 6 Rock right to right side. Recover onto left. 7 & 8 Cross right behind left. Turn 1/4 right stepping left beside right. Step right forward. (6:00)	& Side Rock Behind Side Cross Side Rock Sailor Quarter Turn	On the spot Right On the spot Turning right
<b>Section 4</b> 1 – 2 3 – 4 <b>Option</b> 5 & 6 7 & 8	<b>Step, Pivot 1/2, Full Turn Travelling Forward, Forward Mambo, Run Back x 3</b> 1 – 2 Step left forward. Pivot 1/2 turn right. 3 – 4 Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. (12:00) <b>Option</b> Replace full turn with Walk Forward, left, right. 5 & 6 Rock forward on left. Rock back on right. Step left back. 7 & 8 Step right back. Step left back. Step right back.	Step Pivot Full Turn Forward Mambo Run Run Run	Turning right On the spot Back
<b>Section 5</b> 1 – 2 & 3 – 4 5 – 6 7 – 8	<b>Back, Hold, Ball Walk Walk, Bump, Step, Step, Pivot 1/4</b> 1 – 2 Step left big step back. Hold. & 3 – 4 Step ball of right in place. Step forward left. Step forward right. 5 – 6 Touch left toe forward, bumping hips forward. Step left forward. 7 – 8 Step right forward. Pivot 1/4 turn left. (9:00)	Back Hold Ball Walk Walk Bump Step Step Quarter	Back Forward Turning left
<b>Section 6</b> 1 & 2 3 – 4 5 & 6 & 7 – 8 <b>Note</b>	<b>Cross Shuffle, 3/4 Turn, Heel Switch x 2, &amp; Big Step, Brush</b> 1 & 2 Cross right over left. Step left to left side. Cross right over left. 3 – 4 Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. (6:00) 5 & 6 Touch left heel forward. Step left in place. Touch right heel forward. & 7 – 8 Step ball of right in place. Step left big step forward. Brush right forward. <b>Note</b> On step forward, lean back slightly and imagine stepping over a box.	Cross Shuffle Quarter Half Heel & Heel & Step Brush	Left Turning right On the spot Forward

**Choreographed by:** Rachael McEnaney (UK) June 2011

**Choreographed to:** 'If You Want My Love' by Laura Bell Bundy (112 bpm)  
 from CD Achin' and Shakin'  
 (32 count intro - start on vocals)

**Happy Birthday to Rachael from everyone in Line dancing!**



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)